



The University of Helsinki is the oldest and largest institution of academic education in Finland, an international scientific community of 40,000 students and researchers.

In international university rankings, the University of Helsinki typically ranks among the top 100.

The University of Helsinki seeks solutions for global challenges and creates new ways of thinking for the best of humanity.

The University of Helsinki offers exchange students courses in 35 International Master's Programmes and in several Bachelor's level programmes as well.

Contact information			
Coordinating unit for university level student and teacher exchange	International Exchange Services P.O. Box 53 FI-00014 University of Helsinki, Finland	Address for courier post (FedEx, DHL, UPS etc.): International Exchange Services, University of Helsinki Fabianinkatu 28 (janitor's booth inside the courtyard) FI-00100 Helsinki, Finland	
	Website: <a href="https://guide.student.helsinki.fi/en/exchange-and-visiting-students">https://guide.student.helsinki.fi/en/exchange-and-visiting-students</a>		
	Agreement related issues: <a href="mailto:exchange-agreements@helsinki.fi">exchange-agreements@helsinki.fi</a> International education cooperation projects: <a href="mailto:educationprojects@helsinki.fi">educationprojects@helsinki.fi</a>		
Contact person for faculty/unit level student exchanges	Ms. AnneSophie Hokkanen Student Exchange Specialist Tel. +358 2941 22401 studentexchange@helsinki.fi		
Contact person for teacher exchange (if teacher exchange is included in the agreement)	Ms. Anne Rönkä Teacher, Researcher and Staff Exchange Specialist Help with accommodation arrangements and other practicalities Tel: +358 2941 40806 E-mail staffexchange@helsinki.fi		
Social media	<ul> <li>University of Helsinki in Instagram: <a href="https://www.instagram.com/universityofhelsinki/?hl=en">https://www.instagram.com/universityofhelsinki/?hl=en</a></li> <li>University of Helsinki in Facebook: <a href="https://www.facebook.com/HelsinkiUniversity/">https://www.facebook.com/HelsinkiUniversity/</a></li> <li>New students of the University of Helsinki: <a href="https://www.facebook.com/newstudentsuh/">https://www.facebook.com/newstudentsuh/</a></li> <li>Youtube: <a href="https://www.youtube.com/user/universityofhelsinki">https://www.facebook.com/newstudentsuh/</a></li> <li>Youtube: <a href="https://www.youtube.com/user/universityofhelsinki">https://www.facebook.com/newstudentsuh/</a></li> </ul>		



Studies				
	Information on courses suitable for exchange students: <a href="https://guide.student.helsinki.fi/en/article/course-">https://guide.student.helsinki.fi/en/article/course-</a>			
	selection. Course lists for the academic year 2020 – 2021 will be published around April 2020.			
Course offer and restrictions for exchange students	Faculty and unit level bilateral exchange students are required to choose the majority of their courses from the Faculty of Law.			
	Optional studies at the Faculty of Law (on advanced level) are aimed at both Bachelors and Master level students. The courses can be found under the Master's programme in Law and the two International Master's programmes International Business Law and Global Governance Law.			
Finnish courses and other	Information on language courses for exchange students:			
language courses for exchange students	https://guide.student.helsinki.fi/en/article/course-selection			
	Please note that courses teaching English language are not open for exchange students.			
	There are Finnish courses available for those exchange students wanting to learn Finnish. The course includes 4 hours of teaching each week. For more, please see			
	https://guide.student.helsinki.fi/en/article/finnish-international-students. Students are not required to			
	participate in Finnish courses, but may do so if they wish.			
Terminology related to the courses	The Courses in English website includes courses of various levels. Some courses require previous studies in the discipline in question. The following terminology will help the students to find out if the courses are			
	suitable for them:			
	- Basic studies (or "perusopinnot" in Finnish): Bachelor's level courses, do not usually require previous			
	studies from the student			
	- Subject studies or Intermediate studies (or "aineopinnot" in Finnish): Bachelor's level courses,			
	intermediate level, require some previous studies from the student, mainly for 2 <sup>nd</sup> or 3 <sup>rd</sup> year students of			
	the subject - Advanced studies (or "syventävät opinnot" in Finnish): Master's level courses, for students who have completed a Bachelor's degree or have equivalent level			
Workload	Students should aim to complete 30 ECTS credits per semester. One ECTS credit equals 27 hours of work,			
	including both lectures and homework. A full year of 60 ECTS credits corresponds to a workload of 1600 hours. Course descriptions may use terms "cr" or "ECTS cr" or "op". They all mean the same thing, ECTS credits.			
Duration of exchange	Autumn Semester: 25 August – 18 December 2020 (including orientation period)			
Duration of exchange	Spring Semester: 13 January – 31 May 2021 (including orientation period)			
Arrival and	Autumn semester: last week of August / Spring semester: second week of January			
orientation	For exact dates, see			
	https://guide.student.helsinki.fi/en/article/orientation-tutoring-and-welcome-fair			
Application informat	tion for student exchange			
Nominations	Student exchange: Nomination opens in March – we will send you further instructions by the beginning of March 2020.			
	We do not have a separate deadline for nominations, but we recommend that students are nominated at least two weeks before the application deadlines. An automatic email with application instructions is sent to nominated students right after nomination.			
	Researcher and teacher exchange: Nominations should be sent to <a href="mailto:staffexchange@helsinki.fi">staffexchange@helsinki.fi</a> at least eight weeks before the estimated arrival date. Please note that visits are only possible during the academic year. Applications cannot be processed during the holiday seasons (end of December/beginning of January; July). Incoming teachers should have prior contact with the receiving unit. Documents needed: CV, work plan, pre-acceptance letter from the receiving unit at the University of Helsinki. Quota for teacher exchange is indicated in the agreement.			



Application deadline	For autumn semester (late August – December)	For spring semester (January - May)	
	April 15: citizens of non-EU/EEA-member states	September 30: citizens of non-EU/EEA-member states	
	May 15: citizens of EU/EEA-member states, Iceland, Liechtenstein, Norway and Switzerland	October 15: citizens of EU/EEA-member states, Iceland, Liechtenstein, Norway and Switzerland	
Online application system	The nominated students submit their applications online by using the online application system of the University of Helsinki, and include the listed enclosures in their application. There is no need to send paper copies of the application. Students should read carefully further instructions: <a href="https://guide.student.helsinki.fi/en/article/how-apply-exchange-student">https://guide.student.helsinki.fi/en/article/how-apply-exchange-student</a>		
Enclosures, uploaded as attachments to the Online application system	<ul> <li>Printed, signed and scanned copy of the online application form</li> <li>Approved learning agreement (= study plan)</li> <li>Scanned, official transcript of records from the student's home university</li> <li>Motivation letter</li> <li>Language certificate, if applicable (see language requirements)</li> </ul>		
Information on acceptance	<ul> <li>Not required: medical report</li> <li>Decisions regarding acceptance are made by faculties of the University of Helsinki. Acceptance information is available about 6 weeks after the application deadline. Accepted students receive an automatic acceptance e-mail from their host Faculty with a formal acceptance letter as an e-mail attachment. Finnish immigration authorities can check the validity of the scanned, formal acceptance letter directly from the University of Helsinki, if necessary.</li> </ul>		
Support services and	d housing for exchange students		
Housing	For the students wanting to live in a student dormitory, University of Helsinki has agreed with housing providers, including Unihome and HOAS (Foundation for Student Housing in the Helsinki Region), on a number of rooms for incoming exchange students. Apartments are located around Helsinki. Students should choose their housing option based on their budget and their wishes.		
	Exchange students submit their housing application as a part of their exchange application. Their information will be forwarded to housing providers. Each exchange student will receive one housing offer.		
	Mandatory fees prior to arrival: room deposit: €500 (subject to change) to be paid to the housing provider according to their instructions. Students should be prepared to pay the deposit when they receive instructions from the housing provider. This can be several months prior to arrival.		
	Information about various other housing options is available at https://quide.student.helsinki.fi/en/article/housing		
International Exchange Services	With any questions during their stay at the University of Helsinki, exchange students are welcome to visit the International Exchange Services, represented on each campus in conjunction with the local Student Services. Please look here for the address and office hours of each campus's Student Services: <a href="https://guide.student.helsinki.fi/en/article/contact-international-exchange-services">https://guide.student.helsinki.fi/en/article/contact-international-exchange-services</a>		
	With any questions before or during their stay, students can e-mail <u>studentexchange@helsinki.fi</u> or call +358 2941 22401.		
Tutoring	During orientation, incoming exchange students receive help from students tutors, who introduce Finnish university life to the new exchange students and help them with practical issues such as mobile phones, getting a monthly ticket for public transportation etc.		
Hobbies and friendship activities	University of Helsinki has hundreds of student organisations, and exchange students are welcome to join.  Please see <a href="https://guide.student.helsinki.fi/en/article/student-union-and-subject-organisations">https://guide.student.helsinki.fi/en/article/student-union-and-subject-organisations</a> Students' ESN network organises a lot of activities for exchange students: <a href="https://esnunihelsinki.com/">https://esnunihelsinki.com/</a>		
Practical Information	City of Helsinki		



	Helsinki University Library <a href="http://www.helsinki.fi/kirjasto/en/home/">http://www.helsinki.fi/kirjasto/en/home/</a>			
	Student benefits https://quide.student.helsinki.fi/en/article/living-helsinki#paragraph-3655			
	Learning Centre Aleksandria http://www.helsinki.fi/kirjasto/en/library-locations/aleksandria/			
	Student Cafeterias https://www.unicafe.fi/en/#/9/1			
	Student Union https://hyy.fi/en/			
	Unisport https://unisport.fi/en#?			
Information for acco				
Information for accepted students  Residence permit  • Students who are non-EU nationals need to apply for a Residence permit according to the				
Residence permit	<ul> <li>Students who are non-EU nationals need to apply for a Residence permit according to the instructions provided by Finnish Immigration Service <a href="http://www.migri.fi/studying_in_finland">http://www.migri.fi/studying_in_finland</a>. Information regarding applying for a Residence permit is also available at the closest Consulate of Finland.</li> <li>University of Helsinki recommends that students submit their application electronically, because it makes the application process faster. Students are advised to apply immediately after receiving their Acceptance Letter from the University of Helsinki.</li> <li>Even if the student has submitted the Residence permit application electronically, he/she needs to visit the Finnish consulate in person to verify his/her identity and to present the original copies of any supplements needed for the application. Because of the above, students should</li> </ul>			
	apply for a Residence permit immediately after receiving acceptance information from the Univ. of Helsinki.			
	Please note that cost for the online residence permit is 300 euros (subject to change)			
Health insurance	Students who are non-EU nationals need to seek comprehensive health insurance prior to applying for a Residence permit. University of Helsinki does not provide health care services for exchange students. For			
	more, please see <a href="http://migri.fi/en/insurance">http://migri.fi/en/insurance</a>			
Student union	Student Union membership fee for exchange students is ca 52 euros for autumn semester 2020 and it			
membership	includes right to use the services of Finnish Student Health Service, which is open Mon-Fri: <a href="http://www.yths.fi/en/internationalstudents">http://www.yths.fi/en/internationalstudents</a> . There will be changes starting in January 2021 and exchange students are not able to use student health services anymore.			
Cost of living	https://guide.student.helsinki.fi/en/article/living-helsinki#paragraph-3645			
Course enrolment	Students need to have their University of Helsinki computer user ID to register for courses in the			
	WebOodi system, <a href="http://www.helsinki.fi/weboodi">http://www.helsinki.fi/weboodi</a> . Students receive the computer user ID when they			
	arrive in Finland. Course registration happens after arrival.			
	After course information for the following academic year is published, there may be some changes, so			
	the Learning agreement is only a preliminary plan. Students are advised to check the list of courses			
One die en en et en en	offered during their exchange year again before they arrive.			
Grading system	The University of Helsinki uses a six-level grading scale from 0 to 5.			
	5 = excellent or A			
	4 = very good or B			
	3 = good or C			
	2 = satisfactory or D 1 = passable or E			
	0 = fail or F or FX			
	In addition to applying this grading scale, a pass/fail grade may be used when grading certain courses,			
	e.g. ones containing practical training or practical skills. Please note it is not possible to receive a			
	numeric grade for these courses.			
Transcripts of records	Students can get one official transcript per semester free of charge from the Student Services, see <a href="https://guide.student.helsinki.fi/en/article/order-transcript-studies">https://guide.student.helsinki.fi/en/article/order-transcript-studies</a>			
	Students are responsible for ordering their official transcript, it is not automatically sent to the partner university. Students should follow the instructions in the link above to order their official transcript. If your university accepts an electronically signed official transcript as a pdf, students can order one from Weboodi student register. More information is available here: <a href="https://guide.student.helsinki.fi/en/article/digital-signatures">https://guide.student.helsinki.fi/en/article/digital-signatures</a> .			



Websites for	Orientation, Welcome Fair, Tutoring	https://guide.student.helsinki.fi/en/article/orientation-tutoring-
accepted students	and-welcome-fair	
	Exvhange Students Website	https://guide.student.helsinki.fi/en/article/instructions-incoming-
	<u>exchange-students</u>	
	Welcome to UH Blog	http://blogs.helsinki.fi/welcometouh/
Campus locations	University of Helsinki has four campuses, all located within 10 kilometres from each other.  City Centre Campus for Arts and Social Sciences (location on a map) Kumpula Science Campus (campus map) Meilahti Campus for Medicine Viikki Campus for Life Sciences (location on a map)	
Information provided on	29 November, 2019	